

Birchfield Harriers Open Meeting.

Sunday 22nd April 2012

PROSPECTUS

Awards in ALL events if 2 or more entries received. We will have electronic timing.

If 3+ entries received for M/W 40+ - separate Masters/Vets events will be held (else they will be with Seniors)

U11 Girls/Boys	U13 Girls	U13 Boys	U15 Girls	U15 Boys	U17 Women	U17 Men	U20 M/W	Senior M/W
75m	75m	100m	100m	100m	100m	200m SpCh**	100m / 200m SpCh*	
150m	70mH	75mH	75mH	80mH	80mH	100mH	110mH / 100mH	
600m	150m	200m	200m	200m	300m	400m	400m	400m
800m Walk	800m	800m	800m	800m	800m	800m	800m	800m
Track Events	1200m	1500m	1500m	1500m	1500m	1500m	1500m	1500m
					300m H	400mH	400mH	400mH
	2km walk junior development event plus older vets and masters							
3km Walk "A" Standard Walk								

***Sprint Challenge for Seniors/U20 and Veterans M/W 40**

Challenge A – 100m then 2nd 100m Challenge B – 100m then 200m (times combined)

**** U17 Sprint Challenge (100m then 200m) All other events will be run as time trials.**

U11 Girls/Boys	U13 Girls/Boys	U15 Girls/Boys	U17 Women/Men	U20 M/W	Senior M/W
Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump
Field Events All get 3 trials – if time allows - top 6 get 3 more	High Jump	High Jump	High Jump	High Jump	High Jump
		Triple Jump	Triple Jump	Triple Jump	Triple Jump
		Pole Vault	Pole Vault	Pole Vault	Pole Vault
	Shot	Shot	Shot	Shot	Shot
		Discus	Discus	Discus	Discus
		Hammer	Hammer	Hammer	Hammer
		Javelin	Javelin	Javelin	Javelin

Pole vault please indicate your normal starting height on entry form

Entry Fees	First Event	Subsequent Events
U11/U13/U15/U17	£5	£3
U20/Senior U17 Sprint Challenge (100m then 200m)	£6	£3
U20/Senior/Vets/Masters Sprint Challenge		Cheques payable to Birchfield Harriers
Challenge A 2 x 100m races	£7 (only 1 to be entered)	
Challenge B 100m & 200m races		

ONLINE ENTRY can also be found on the club website

www.birchfieldharriers.net (click on competitions tab)

Enquiries: e-mail stuart.paul@usa.net

Phone: Stuart Paul on 01543 820907 (between 7pm and 9pm)

Birchfield Office 0121 344 4858 (limited office hours)

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Entry Form – or use Online entry via link on club website

1 st Name				Surname		
Address						
					Postcode	
Telephone				CLUB		
Date of Birth DD/MM/YY	D	M	Y	Age Group e.g. U13G, SM		PLEASE state gender!

Events and Personal Bests (2011-2012 performances)

Event 1	Event 2	Event 3	Event 4
PB	PB	PB	PB

Please observe UKA rules for maximum number of events for your age group

Entry Fees	Fee	Cheques payable to "Birchfield Harriers"	Total
Sprint Challenge U20/Seniors	£7		
First Event U20/Seniors U17 Sprint Challenge	£6		
First Event U11/13/15/17	£5		
Subsequent events all age groups	£3	No.	
Office Use Only		Please DO NOT send cash in the post	
Cheque	Cash	Total	

Send to: Birchfield Open, 75 Beech Tree Road, Walsall Wood, WS9 9LS

Please include a SAE (9"x4") for timetable OR add e-mail below

Email	@
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ONLINE ENTRIES VIA WEBSITE WWW.BIRCHFIELDHARRIERS.NET

Closing Date to guarantee entry – Sat. 14th April Late entries at Organiser's discretion - £1 surcharge per event